

**Master of Social Work  
Courses Offered**

<b>Semester</b>	<b>Subject Code</b>	<b>Title of the Paper</b>	<b>Hours / Week</b>	<b>Credits</b>
<b>I</b>	PW1711	Core : Introduction to Professional Social Work and Social Problems	5	5
	PW1712	Core II: Individual and Society	6	5
	PW1713	Core III: Community Organization and Social Action	5	4
	PW1714 PW1715	Elective I: (a) Social Case Work Social Group Work (b) Human Resource Management	4	3
	PW17P1	Practical I: (Observation Visit & Rural Camp)	10	5
<b>II</b>	PW1722	Core IV: Social Welfare Administration and Women Development	5	4
	PW1723	Core V: Social Work Research and Statistics	6	5
	PW1724	Core VI: Dynamics of Human Behaviour	4	3
	PW17P2	Practical II: (Concurrent Field Work)	10	5
	PW17P3	Practical III: (Block Placement)	5	5
	LST171	Life Skill Training (LST) – I	-	1
		<b>Specialization I: Community Development</b>		
<b>III</b>	PW1731	Core VII: Rural Community Development	5	4
	PW1732	Core VIII: Urban Community Development	5	4
	PW1733	Core IX: Development Communication	5	4
		<b>OR</b> <b>Specialization II: Medical and Psychiatry</b>		
	PW1731	Core VII: Public Health Management	5	4
	PW1732	Core VIII: Mental Health and Psychiatric Disorders	5	4
	PW1733	Core IX: Medical Social Work	5	4
	PW17P4	Practical IV: (Concurrent Field Work)	5	5
	PW17P5	Practical V: ( Research Project)	10	5
		<b>Common Paper for both Specialization</b>		
<b>IV</b>	PW1741	Core X: Counselling - Theory and Practice	5	4
	PW1742	Core XI: NGO Management(Community Development Specialization)	5	4

		<b>OR</b>		
	PW1742	Core XI: Psychiatric Social Work (Medical and Psychiatry Specialization)	5	4
	PW1743	Core XII: Hospital Administration (Medical and Psychiatry Specialization)	5	4
	PW17P6	Practical VI: (Concurrent Field Work)	10	5
	PW17P7	Practical VII: (Block placement)	5	5
	LST172	Life Skill Training (LST) – II	-	1
		<b>TOTAL</b>	<b>120</b>	<b>90</b>

### Semester I

#### Core I: Introduction to Professional Social Work and Social Problems

Sub. Code: PW1711

No. of Hours per Week	Credits	Total No. of Hours	Marks
5	5	75	100

#### Objectives

1. Explain the meaning and concept of various social work practices.
2. Describe the evolution of social work in U.K, U.S.A and India.
3. Explain the philosophy, principles and Functions of social work as a profession.
4. Express the merits and demerits of professional social work in India.
5. Categorize the primary and secondary social work methods with its merits and demerits.
6. Understand and estimate the major social problems in society
7. Assess the role of social worker in social problems and development of appropriate strategies.
8. Apply the social work methods in various field of social work.

#### Unit I

**Social Work:** Meaning, Definition, Concept, Historical Development in U.K, USA and India.

**Concepts in Social Work Practice:** Social Service, social welfare, social security, Social defense, social development, Social exclusion and Social Reform.

#### Unit II

**Professional Social Work:** Nature, scope, objectives, Philosophy, Principles and their applications, Functions, Approaches and models , Methods, Values, Ethics, code of conduct, Social work as a Profession, Prospects and limitation of practices of professional social work in India.

### Unit III

**Methods of Social work:** Primary methods- Case work (Micro Social Work), Group work (Meso Social Work), Community Organization (Macro Social Work). Secondary methods - Social Welfare Administration, Social Work Research and Social Action. Social Work Professional Organizations- status and problems of National and International organizations.

### Unit IV

**Major Social Problems:** Children problems-Child Labour, Child Abuse. Adolescent's problems- Alcohol and substance abuse, corruption, crime and delinquency, Cyber crimes. Women Problems –Divorce, Prostitution, and Problems of Destitutes.Problems of physically and mentally challenged – Role of social worker in identifying social problems and development of appropriate strategies.

### Unit V

**Fields of Social Work:** Meaning, Scope and Role of professional social work in different fields- Community setting, Family setting, Hospital setting, Correctional setting, Educational Setting, Industrial setting, Disaster Management, Human Right, Eco Social Work and Gerontological Social Work.

### Reference Books

Bhattacharya, (2001) *Integrated Approach to Social Work in India*, Jaipur: Raj Publishing House  
Bradford, W. Sheafor, Charles, R. Horejsi, Gloria A. (1997) *Techniques and Guidelines for Social Work*, - Fourth Edition London : Allyn and Bacon, A Viacom Company  
Desai, Murali (2002) *Ideologies and Social Work* (Historical and Contemporary Analysis), Jaipur: Rawat Publication  
Diwakar, V. D. (1991) *Social Reform Movement in India*, Mumbai : Popular Prakashan  
Roy, Bailey and Phil, Lee (1982) *Theory and Practice in Social Work*, London  
O' Neil, Maria Mac Mohan (1996) *General Methods of Social Work Practice*, (Third Ed.) London: Allyn and Bacon

### Semester I

#### Core II: Individual and Society

Sub Code: PW1712

No. of Hours per Week	Credits	Total No. of Hours	Marks
6	5	90	100

### Objectives

1. Cite the examples of groups, Institution and Association.
2. Differentiate between rural, urban, tribal and maritime communities
3. Interpret the characteristics of society.

4. Evaluate the various social processes in the context of Indian culture.
5. Evaluate the impact of socialization in their community.
6. Categorize the material and non material culture in their society
7. Recall the various social thought patterns of Indian and foreign sociological thinkers.
8. Report the causes of division of labour, suicide and conflict in society.
9. Assess the causes and impact of social stratification in Indian society.
10. Evaluate the impact of globalization, liberalisation and privatization in their lives and in the society.
11. Differentiate between various theories of social change
12. Discuss the impact of sanskritisation, westernization and modernization in their society.

### **Unit I**

**The Concepts and Meaning of Individual and Society-** Individual as a social being, interdependence of individual and society- Characteristics of Society- groups- nature and classification of groups, community-rural,urban,tribal and maritime, Association- institution-meaning types and functions.

### **Unit II**

**Social Processes-** competition, conflict, co-operation, accommodation and assimilation. Culture- concept of culture, functions of culture; material and non-material aspects of culture, cultural lag. Socialization- concept and significance, process of socialization.

### **Unit III**

**Sociological Theories-** August Comte, Durkheim, Karl Marx. Indian Social thinkers- Gandhi, Vivekananda, Ambedhker, Periyar, Sri Narayana Guru.

### **Unit IV**

**Social Stratification-** meaning and functions, basis of stratification in India- class and caste, Social mobility, social inequality and social tension.

### **Unit V**

**Social Change-** meaning, process in social change- theories of social change. Sanskritisation, westernization, modernization, globalization process- liberalization and privatization.

### **References Books**

- Bhatnagar, (1998) *Ved Challenges to India's Integrity: Terrorism, Casteism, Communalism*, New Delhi: Rawat Publication
- Desai, A. R. (1978, Reprinted 1994) *Rural Sociology in India*, Bombay: Popular Prakashan
- Flippo, Osella and Katy, Gardner (2003) *Contrivations to Indian Sociology, Migration Modernity and Social Transformation in South Asia*, New Delhi: Sage Publication
- Madan, G.R. (2002 revised edition) *Indian Social Problems*, Mumbai: Allied Publishers Pvt. Ltd.
- Mohanty, Manoranjan (2004) *Class, Caste, Gender – Readings in Indian Government and Politics*, New Delhi: Sage Publication.

Vidya Bhusan & Sachdeva, D. R. (2000). *An Introduction to Sociology*, Allahabad: Kitab Mahal

**Semester I**  
**Core III: Community Organization and Social Action**  
**Sub. Code: PW1713**

No. of Hours per Week	Credits	Total No. of Hours	Marks
5	4	75	100

**Objectives**

1. Understand the roles and skills of community organization.
2. Differentiate the integrative and disintegrative process in the community.
3. Distinguish the community organization and community development.
4. Understand, respond and practice the methods of community organization.
5. Apply and analyze the intervention techniques in crisis situation.
6. Understand the social action as a social work method.
7. Develop the personality requirement as a social activist

**Unit I**

**Community Organization:** Concept, meaning, Objectives, characteristic, principles, scope, history, values. Community organization as a method of social work. Roles and skills of community organizer.

**Unit II**

**Community Dynamics:** Integrative and disintegrative process in the community. Community welfare councils and community chests. Community Organization and Community development –similarities and differences.

**Unit III**

**Methods of Community Organization:** Fact-finding, planning, group decision making, conference and committee practice, co-operative action, negotiation, consultation, conflict resolution, Resource mobilization, Administration, Recording, Evaluation.

**Unit IV**

**Social Work Intervention in Emergencies:** Fire, Flood, Drought, Earthquake, Tsunami, War Famine, and other Community issues. Modern techniques needed for Social Workers: SWOT analysis, PRA tools, Time management.

**Unit V**

**Social Action :** Concept, definition, objectives, history, elements and strategies– social action as a social work method – social worker as a social activist, roles and personality requirements. Project Management-Project writing, Monitoring, Evaluation.

## Reference Books

- Cox Fred, (1987). *Community Organization*, Michigan: F.E. Peakcock Publishers.
- Friedlander, W.A. (1978). *Concepts and Methods in Social Work*, Eaglewood Cliffs, New Delhi: Bentice Hall International Inc.
- Gangrade, K.D (1971). *Community Organization in India*, Mumbai: popular Prakashan
- Murray. G. Ross, (2000). *Community Organization Theory and Practice*
- Sanjay Bhatachrya, (2011). *Social Work- An Integrated Approach*, Deep and Deep Publications private Ltd, Delhi.

## Semester I

### Elective I (a): Social Case Work and Social Group Work

Sub Code: PW1714

No. of Hours per Week	Credits	Total No. of Hours	Marks
3	3	45	100

## Objectives

1. Understand the social case work as a primary method.
2. Explain the values and principles of case work practice
3. Identify the various psycho-social problems of an individual.
4. Practice social case work process and techniques in various individuals and families.
5. Construct the ability to prepare and present adequate and detailed reports on social case work.
6. Understand the importance and evolution social group work.
7. Identify the Group formation and its stages.
8. Apply social group work process and techniques in various groups in the community.

## Unit I

**Social Case Work:** Nature, Concept, Definition, Objectives, Case work skills, Case work Recording, Goals, Values and Principles of Case Work Practices. Brief History of Social Case Work.

## Unit II

**Social Case Work Process:** Intake, Case Study-Tools for case study, Diagnosis -types of diagnosis, factors involved in diagnosis, Treatment –Techniques and Methods, Process, Establishing Treatment Goals, Treatment Plan, Application of Treatment Methods, Termination-Methods and techniques.

## Unit III

**Social Group Work:** Definition, Functions, Importance, Principles, Concept, Objectives of group work, Skills, Philosophy, Scope of Social Group Work. Evolution of Social Group Work Method. Problems and Limitation of Social Group Work Practice in India. Models of Group Work.

#### Unit IV

**Dynamic of Group Process:** Group Formation and its stages, Group development, Group Climate, Group Dynamism. Sociometric Pattern and its Use.

#### Unit V

**Group work Process:** Intake, Study, Diagnosis, Goal Setting, Treatment and Evaluation. Programme Planning, Implementation and Evaluation. Values and Techniques (Games, Singing, Dancing, Street play, IEC, Excursion, Psychodrama, Sociodrama, Role Play, etc). Group Recording and Types.

#### Reference Books

Aptekar, Herbert (1955). *The Dynamics of Casework and Counselling*, New York: Houghton Mifflin Co.

Hamilton, Gordon (1970). *The New York School of Social Work: Theory and Practice of Social Case Work*, New York and London: Columbia University Press

Perlman, Helen H (1957). *Social Case Work - A Problem Solving Process*, University of Chicago Press, Chicago.

Battacharya Sanjay, *Social Work an Integrated Approach*, New Delhi: Deep & Deep Publishers Pvt. Ltd.

Douglas Tom, (2005). *A Theory of Group Work Practice*, Macmillan Press

Trecker, Harleigh, B. (1967). *Social Group Work: Principles and Practice*, Association Press, New York.

### Semester I

#### Elective I (b): Human Resource Management

Sub Code: PW1715

No. of Hours per Week	Credits	Total No. of Hours	Marks
3	3	45	100

#### Objective

1. Provide the future manager with inputs with a view.
2. Enhancing the appreciation of the Human Resources function as a potential career option.
3. Understanding the interface of the Human Resources function with Operations, Marketing, and Finance functions

#### Unit I

Human Resource Philosophy - Changing environments of HRM - Strategic human resource management - Using HRM to attain competitive advantage - Trends in HRM - Organisation of HR departments - Line and staff functions - Role of HR Managers.

#### Unit II

Employment planning and forecasting – Recruitment, selection process- Building employee commitment : Promotion from within – Sources- Induction.

### Unit III

Orientation & Training : Orienting the employees, the training process, need analysis, Training -techniques, Developing Managers : Management Development - On-the-job and off-the-job Development techniques using HR to build a responsive organisation. Management Developments - Performance appraisal in practice. Managing careers : Career planning and development - Managing promotions and transfers.

### Unit IV

Establishing Pay plans: Basics of compensation - factors determining pay rate - Current trends in compensation - Job evaluation – Incentives- Practices in Indian organisations. 868 Statutory benefits - non-statutory (voluntary) benefits - Insurance benefits - retirement benefits and other welfare measures to build employee commitment.

### Unit V

Labour relations -Employee security - Industrial relation-Collective bargaining : future of trade unionism. Discipline administration - grievances handling - managing dismissals and separation.LabourWelfare : Importance & Implications of labour legislations - Employee health - Auditing -Future of HRM function.

### Reference Books

Gary Dessler, *Human Resource Management*, Seventh edition, Prentice-Hall of India  
Venkatapathy R. & Assissi Menacheri, (2001). *Industrial Relations & Labour Welfare*, Adithya Publications, CBE,

VSP Roa, *Human Resource Management : Text and Cases*, First edition, Excel Books

## Semester II

### Core IV: Social Welfare Administration and Women Welfare

Sub Code: PW1721

No. of Hours per Week	Credits	Total No. of Hours	Marks
5	4	75	100

### Objective

1. Understand the principle and functions of social welfare administration in national and international level
2. Interpret the methods and techniques of social welfare administration.
3. Practice the methods and techniques of social welfare administration in the organization.
4. Understand the registration act regarding NGO and companies formation.
5. Recall the social structure and beliefs influencing the status of women.
6. Interpret the various acts related to women and children development.

### Unit I

**Social Welfare Administration-** concept, scope, principles, nature and task. Social Welfare boards and its functions. Social welfare organization- national and international levels.

## Unit II

Methods and techniques of Social Welfare Administration. POSDCORB: planning – organizing staffing, directing, coordinating, reporting and budgeting. Office administration- finance, fund raising, accounting, auditing, purchases and stock keeping, record maintenance, public relation, monitoring and evaluation, research and annual report.

## Unit III

**Registration-** Societies Registration Act 1860, procedure under Tamil Nadu Societies registration Act 1975- Foreign contribution( Regulation) Amendment Act 1985, Indian Trust 1882, Companies Act 1956- The duties and responsibilities of office bearers and executives, the role of general body and governing body.

## Unit IV

**Women welfare:** status of women in Indian family- Social structures and beliefs influencing the status of women- problem of women: health, education, gender bias, dowry system female infanticide and feticide, widowhood. Legislative Provision for women welfare.

## Unit V

Right to information Act 2005, Domestic Violence Act 2005, Right to Education ACT 2009, J.J Act 2016 January, Protection of children from Sexual offense 2012.

## Reference Books

Bose, A.B(1970). *Social Welfare Planning in India*. New Delhi, ECAFE( mimeo)

Dr. Subramaniam. S., (1979) - *50 years of India's Independence*, Manas publications, New Delhi. (1997)

Choudry, Paul. *Hand Book on Social Welfare in India*, sterling pub, New Delhi,

Choudry, Paul, (1979). *Social Welfare Administration*, Delhi Atma Ram & Sons,

Bhattacharya Sanjay, (2011). *Social Work – An Integrated Approach*, Delhi Deep and Deep Publications Private Ltd.

## Semester II

### Core V: Social Work Research and Statistics

Sub. Code: PW1723

No. of Hours per Week	Credits	Total No. of Hours	Marks
6	5	90	100

## Objectives

1. Define the purpose of social work research
2. Interpret the meaning and nature of scientific method.
3. Recognize the purpose and steps in research process
4. Discuss the research design and its types.
5. Recognize the methods and tools of collecting data.
6. Organize the data using various scaling techniques.
7. Differentiate between various correlations techniques.

8. Recognize the importance application of statistical in social work research.
9. Demonstrate the use of SPSS in social work research.
10. Utilize the skills of project proposal writing in social work.

### **Unit I**

**Social work research** – definition, goals, objective, scope and types - Scientific method - Limitations of social work research in India.

### **Unit II**

**Steps in research process** – definition, concepts- variables, Hypothesis, Research Design –Exploratory, Descriptive, Diagnostic, Experimental, Case study, Social Survey.

### **Unit III**

**Sources and types of data** - Methods and Tools of collecting data - Sample: Size, Types and Methods of Sampling – Sample studies versus census studies.

Processing and presentation of data – Classification, coding, Tabulation, Interpretation and diagrammatic presentation- Levels of measurement – Scaling techniques.

### **Unit IV**

**Social Statistics** - meaning, aims, purpose, scope and functions. Measurement of Central tendency – Mean, median, Mode. Correlation – Karl Pearson's Co - efficient of correlation, Spearman's Rank correlation. Testing of hypothesis – “t” test, ANOVA, Chi-square.

### **Unit V**

Research reporting - definition, types of reports – contents and format of research project. Reference, Glossary, footnote, abbreviation. Computer applications in social science – SPSS- Planning a research project- Project proposal writing

### **Reference Books**

- Good and Hatts, (1998). *Methods in Social Research*. NY, MC Graw Hill
- Kothari F.N. (2012). *Research Methodology*, New Age International Publishers
- Young P.V. (2007). *Scientific Social Surveys and Research*, Prentice Hall
- W. Lawrence Neuman. (2007). *Social Research Methods, Qualitative and Quantitative Approaches*, Dorling Kindersley (India) Pvt. Ltd.

**Semester II**  
**Dynamics of Human Behaviour**  
**Sub. Code: PW1724**

No. of Hours per Week	Credits	Total No. of Hours	Marks
4	3	60	100

**Objectives**

1. Understand the scope and nature of psychology.
2. Discriminate the schools of psychology.
3. Interpret the current perspective in psychology.
4. Develop the ability to understand the various factors which influence human growth and development.
5. Understand the theories of personality.
6. Analyze the important concepts of personality in various foreign psychologists.
7. Assess the hereditary and environment in their own personality development.
8. Understand the cognitive aspect of human psychology.
9. Estimate the impact of psychological, social, economic and political factors influencing the human behavior
10. Identify the individual adjustment and maladjustment pattern

**Unit I**

**Psychology:** Definition, Nature, branches and scope. Schools of Psychology. Current Perspective in Psychology.

**Unit II**

**Human Growth & Development** - Pre-natal development and Socio cultural factors influencing development and hazards during infancy, toddler hood, pre – school, Childhood, puberty, adolescence, adulthood, middle age and old age.

**Unit III**

**Personality:** Definition and Structure – Theories of personality: Trait and Type theories- Important concepts of the contributions of Freud, Jung, Adler, Maslow and Erickson. Factors influencing personality Development- Heredity & Environment.

**Unit IV**

**Cognitive Aspects of Psychology:** Sensation, Perception, Motivation, and learning Memory and attitude. Factors influencing behavior: Psychological, Social, Economic, Political factors. Intelligence and creativity, measurement of intelligence (IQ and Intelligence test.)

## Unit V

**Individual Adjustment and Maladjustment;** Concept, cause and effects. Frustration and conflict; Types of conflicts, Defense mechanisms.

### Reference Books

Clifford, Morgen and King, Richard. (1975) *Introduction to Psychology*, New York: McGraw Hill Inc

Gardner, Murphy. (1964). *An Introduction to Psychology*, Calcutta: Oxford and IBH Publishing Co

Mangal, S. K. *General Psychology*, (2007) New Delhi: Sterling Publisher Pvt. Ltd.

Hurlock, Elizabeth. *Developmental Psychology*, (1968) New Delhi: Tata McGraw Hill Publishing Co. Ltd.

Lawrence, Cole. *Human Behaviour*, (1953) New York : World Book Company

Skinner Charles E. (1970). *Educational Psychology*, New Delhi: Prentice hall of India Pvt. Ltd.

### Semester III

#### Core VII: Rural Community Development

Sub. Code: PW1731

No. of Hours per Week	Credits	Total No. of Hours	Marks
5	4	75	100

### Objectives

1. Understand the History, concept, objectives, scope, approaches of the rural community development
2. Interpret the rural community development administration
3. Describe the different Agencies in rural community development
4. Discuss people participation in sustainable development
5. Explain various rural community development programmes
6. Recognize on the government and voluntary efforts towards rural community development
7. Understand the problem of agrarian community
8. Recognize the remedial measures of problems of agrarian community
9. Describe the intervention in rural community development
10. Recognize the skills and challenges faced by the social worker in rural community development

### Unit I: Rural Community Development

History of rural community development in India, Community Development- definition, concepts, objectives, scope. Approaches: Sectoral, Integrated and Participatory approaches. Community Development administration- Block and panchayat levels- Panchayat raj and Tamilnadu panchayath ACT.

## **Unit II: Agencies**

DRDA, TNWDC, CAPART, NABARD, NGOS and Rural Development Bank. People participation in sustainable development, PRA and RRA

## **Unit III: Community Development Program**

Area development: Agriculture, Hill, drought prone development and Tribal area programme- Employment development programme- Social welfare programme: Women, children, Old age, physically and mentally challenged.

## **Unit IV: Problem of Agrarian Community**

Unemployment, Indebtedness, Migration and Farmers Suicide- Impact of Globalization: Mechanisation, loss of livelihood, Feminization of labour and shift in crop cultivation - Remedial Measures of problems of agrarian community.

## **Unit V: Intervention in Rural Community Development**

Need Assessment, Resource mapping, Resource mobilization, Rural Leadership, Social harmony, Monitoring and Evaluation-Collaboration and Networking- Skills and Challenges faced by the Social worker.

## **Reference Books**

A. R. Desai, *Rural Sociology in India* Popular Prakashan publication, Bombay, 1961.

Ashok Narang, *Indian Rural Problems*, Murari Lal & Sons, New Delhi, 2006.

*Rural Development Strategies and Perspective*, Bhadouria and Dua, 1986.

Dilip Shah, *Rural Sociology*, ABD Publisher, India, 2005.

Loornis and Beegle, *Rural Sociology (The Strategies of change)*, Englewood Cliffs, Prentice Hall, Inc, New Jersey, 1957.

Rajendra K.Sharma, *Rural Sociology*, Atlantic Publishers and Distributors, New Delhi, 2004.

Ramnath Sharma, *Indian Rural Sociology*, Munshiram Manoharlal Publishers Pvt. Ltd. New Delhi, 1979.

Seffy E.D., *Effective Strategies for Rural Development*, Akansha Publishing House, New Delhi, 2008.

Tanuria B.G., *Rural Development* Ritu Publications, Jaipur, India, 2012.

Pattanaik, *Rural Women Panchayat Raj and Development*, Arise Publishers, New Delhi, 2010.

Singh A.K., *Social Work and Rural Development*, Sumit Enterprises, New Delhi, 2012.

### Semester III

#### Core VIII: Urban Community Development

Sub. Code: PW1732

No. of Hours per Week	Credits	Total No. of Hours	Marks
6	5	90	100

#### Objectives

1. Understand the unique nature, characteristics, growth, scope, approaches and principle of urban community development
2. Understand the social problems of urban community
3. Recognize the remedial measures for the problems of urban community
4. Explain Tamil Nadu slum clearance board
5. Explain the various urban community development programmes
6. Discuss people participation in urban community development
7. Explain the various govt. agencies involved in urban community development
8. Recognize the types of government agencies involved in urban community development
9. Describe the social work intervention in urban community development
10. Discuss group work / community organization / social action in urban community development
11. Practicing group work / community organization / social action in urban community development
12. Understand the NGOs and their contribution to urban community development

#### Unit I: Urban Community Development

Concepts, Town, City Metropolis, Sub Urban and Urbanization- Characteristics of Urban Community- Urban growth in India: trends, causes and consequences- Urban community development: Definition, Scope, Approaches, principle.

#### Unit II: Urban Social Problems

Definition, characteristics, causes and Consequences of urban problems and remedial measures (slum, white collar crime, pollution, traffic, unemployment and housing)-Tamil Nadu slum clearance board: structure, programme and Act.

#### Unit III: Urban Community Development Programmes and Agencies in Tamil Nadu

Urban community development Programmes- People's Participation in urban community development- importance and scope, factors hindering people's participation- State and Central Govt. Agencies involved in Urban Community Development (CMDA, Town & Country Planning Authority & TWAD)

#### Unit IV: Social Work Intervention in UCD

Awareness building, goal setting, organizing, identifying and developing leadership, resource mobilization, resolving group conflicts, programme planning and service delving, enlisting, development human resources, monitoring and evaluation. Application of Group

Work, Community Organization and Social Action in UCD.

### **Unit V: NGOs and their Contribution to Urban Community Development**

Training, Organizing and mobilizing peoples' groups- need for networking among NGOs.

#### **Reference Books**

A.R. Desai and S. Devidas Pillai, *Slums and Urbanisation*, Popular Prakasha, Bombay, Second Edition, 1990.

Alfred de Souza, *The Indian City: Poverty, Ecology and Urban Development*, Manohar Publications, New Delhi, Ed., 1983.

C.G.Pickvance, *Urban Sociology: Critical Essays*, UK, Methuen, New Delhi, Ed., 1976.

Chris Hasluck, *Urban Unemployment, Local Labour Markets and Employment Initiatives*, Longman, New York, 1987.

Edgar W. Butter, *Urban Sociology- A Systematic Approach*, Harper & Row Publishers, New York, 1976.

Bhattacharya B, *Urban Development in India*, Published by Ashok Kumar Mittal, Concept Publishing Company, New Delhi, 2004.

### **Semester III**

#### **Core IX: Development Communication**

**Sub. Code: PW1733**

<b>No. of Hours per Week</b>	<b>Credits</b>	<b>Total No. of Hours</b>	<b>Marks</b>
5	4	75	100

#### **Objectives**

1. Understand the need, principle, scope, approaches and problems of communication
2. Understand the process of formal and informal communication
3. Explain the functions, principles and goals in communication in problem solving situation
4. Describe interpersonal and intra personal communication
5. Explain various communication medias to Masses
6. Discuss mass media's effect on Indian Society
7. Explain the mass media in the process of social development in the areas of family, women, children and youth.
8. Discuss the role of mass media in national integration

#### **Unit I: Communication**

Definition, Need, Principle, Scope, Approaches and Problems- Communication Process: Formal and Informal Communication.

#### **Unit II: Communication in Professional Social Work**

Functions, Principles and Goals-Communication in Problem Solving Situation: Individual, Group and Community.

### **Unit III: Interpersonal and Intra Personal Communication**

Person to Person, Person to Group and Person to Masses. Building Effective Relationship- JoHari Window, Transactional Analysis. Communication to a Person- Conversation, Interview, Letters and Body Language. Communication to a group- Speech, Video Tapes, Role Play, Puppetry, Folk, Mimes, Songs, Dramas and Street Theatre.

### **Unit IV: Communication to Masses**

Mass Media- Films (types)-Documentary, Art, Commercial, Educational, Religious- its Impact. Electronic Media- Television-its effect on Indian Society.

### **Unit V: Influence of Mass Media and Social Change**

Mass Media in the process of Social Development in the areas of Family, women Children and youth. The role of Mass Media in National Integration.

### **Reference Books**

Dr. Urmila Rai, *Business Communication*, Himalya publishing House, Mumbai, 2002.

Dr.Bhatia, *Personality Development*, Ane books Pvt.Ltd., Kolkata, 2010.

Kuppusamy K., *Communication for Social Development in India*, Bombay, Media Promoters, 2000.

Bannerjee S. *Family Planning Communication- A Critique of Indian Experience*, New Delhi, 2003.

Frank & Carl, Holt Rinchart, *Speech Communication- Concepts and Behaviour*, New York, 1990.

Agree K, *Mass Media in a Free Society*, New Delhi, Oxford, IBH, New York.

### **Semester III**

### **Core VII: Public Health Management**

### **Sub. Code: PW1731**

<b>No. of Hours per Week</b>	<b>Credits</b>	<b>Total No. of Hours</b>	<b>Marks</b>
5	4	75	100

### **Objectives**

1. To get more knowledge about Health.
2. To know various administrative structures in health care.

### **Unit I: Concept of Health**

Dimensions of health: physical, mental, social, emotional and spiritual, Indicators of health: mortality, morbidity, disability, nutritional status, environmental status, socio economic status and health care delivery, Public Health: Definition, meaning, functions and importance of Public Health.

### **Unit II: Diseases**

Concept, definition, causative factors and its types. Symptoms, mode of transmission treatment and prevention of major communicable diseases: Air borne, water borne, Vector Borne - TB, STD, hepatitis, poliomyelitis, diphtheria, diarrhea, malaria, cholera, typhoid, leprosy and

AIDS- Psycho social intervention in communicable diseases.

### **Unit III: Non - communicable Diseases**

Causes, symptoms, treatment and prevention of major non - communicable diseases; cancer, diabetes, asthma, hypertension and cardiac disorders- Psycho social intervention in non-communicable diseases - Role of medical social worker.

### **Unit IV: Family Planning and Health Education**

Definition, Scope- Birth control Methods- Population Policy-Social Work intervention in promotion of Family Planning, Health education: definition, objectives, approaches, principles. Communication media in health education.

### **Unit V: Health Care Planning and Management**

Meaning, Definition, Objectives, goals, national health policies, Achievements and Short comings. Health Care System in India: PHC, CHC, Taluk hospital, District hospital, Medical College, specialized hospital. (Public, Private, Indigenous and Voluntary,)National health Programmes and schemes-NHM

### **Reference Books**

- Anderson Clifford R., (1977) *Your Guide to Health*, (1st Edition) Oriental Watchman, Pune, Publishing House.
- Davidson Stanley, Passmore R., Brock J. F, Truswell A. S., Edinburgh, (1979). *Human Nutrition & Dietetics*, (7<sup>th</sup> Edition). London, Churchill Living stone.
- Suraj Gupte, (1991). *Speaking of Child Care*, (8<sup>th</sup> Edition) New Delhi, Sterling Publishers Pvt. Ltd.
- Park.K, (2013). *Preventive and Social Medicine*, (21<sup>st</sup> Edition), Jabalpur, India Banarsida's Bhanot Publishers.
- Rabindra Nath Pati, A.P.H. (2008). *Family Planning*, (1<sup>st</sup> Edition), New Delhi. Publishing Corporation.

## **Semester III**

### **Core VIII: Mental Health and Psychiatric Disorder**

**Sub. Code: PW1732**

<b>No. of Hours per Week</b>	<b>Credits</b>	<b>Total No. of Hours</b>	<b>Marks</b>
5	4	75	100

### **Objectives**

1. To impart knowledge of Psychiatric Illness
2. To train the students to practice Psychiatric Social Work Effectively

### **Unit I: Mental Health**

Definition and meaning of Mental Health, Mental Disorder- Psychiatry: Concepts, Criteria and characteristics of Mental Health and Neuro transmitters of mental functioning- History of Psychiatry in India. International Classification of Mental Disorder.

### **Unit II: General Classification of Mental Disorder**

Psychosis (Organic and Functional), Neurosis, Psycho-somatic Disorders, disorders of

metabolic disturbance- Psycho-social aspects of Psychosis and Neurosis- Treatment Approaches: Psycho Pharmacology and its effects.

### **Unit III: Types of Disorders and its Intervention**

Personality Disorders, Sexual Disorders and Deviations, Epilepsy, Alcoholism, Drug Dependence and Suicide. Psycho social intervention in disorders

### **Unit IV: Psychiatric Disorders among Children and Women**

Assessing psychiatric disorders of children, adolescence and women Behaviour Disorders - Nail Biting, Tics, Nocturnal Enuresis, Speech Disorders, Learning Disabilities, Emotional Disorders, Habit and Eating Disorders, Developmental Disorders and Gender Identity Disorders. Psychiatric disorders among women.

### **Unit V: Psychiatric Interviewing and National Mental Health Programme**

Case History Taking and Mental Status Examination. Use of Mental health scales in assessment and intervention. Mental health act, District mental health programme.

### **Reference Books**

Francis J. Turner (1996). *Social Work Treatment-Interlocking Theoretical Approaches*, (4<sup>th</sup> Edition), New York. The FREE press, A division of Simon & Schuster Inc.

Seker.K, Parthasarathy.R, Muralidhar.D, Chandrasekar Rao.M,(2007). *Handbook of Psychitric Social Work*, (2<sup>nd</sup> Edition), Bangalore, National Institute of Mental Health and Neuro Science.

Dr.Ramakrishanan.K, Dr.Arun Kumar.N, (2010) *Psychiatry Made Easy*, (1<sup>st</sup> Edition), Trichy, ATHMA Institute of Mental Health and Social Science.

Jennifer, John Wiley & Sons, (1981) *An Outline of Modern Psychiatry*, (5<sup>th</sup> Edition) Hoboken.

Venkatesan.S, (2004) *Children with Development Disabilities*, (1<sup>st</sup> Edition) Amerind pub, sage publication.

## **Semester III**

### **Core IX: Medical Social Work**

#### **Sub. Code: PW1733**

<b>No. of Hours per Week</b>	<b>Credits</b>	<b>Total No. of Hours</b>	<b>Marks</b>
5	4	75	100

### **Objectives**

1. To impart knowledge on the importance of Medical social work.
2. To train the students to practice medical social work effectively

### **Unit I: Medical Social Work**

Definition, History in India, scope, skills and social work intervention of practicing medical social work .Limitation of practicing medical social work.

Meaning and importance of preventive medicine- Concept and types of prevention. Social work intervention in the prevention of diseases and promotion of health.

## **Unit II: Patients, Health Illness and Health Care**

The concept of patient as a person- Problems of hospitalization of the patient: familial, economic, emotional and social- The role of Medical social work in comprehensive health care. Methods of fund raising and resource mobilization for supporting poor patients.

## **Unit III: Models and Approaches**

Integrative Model, Developmental Model, Holistic Model of Health- Multidisciplinary approach and team work in treatment. Role and functions of the medical social worker as a member of the treatment team, and general hospital and its departments - Eye Bank, Blood Bank, Specialized Clinic(Neurology, Sexual Medicine, Cardio vascular Problem, Cancer, Diabetes, occupational health problems), Community Health Centre, Organ and tissues donation.

## **Unit IV: Disabilities**

Meaning, definition, types, causes, symptoms, treatment and prevention of (Speech, hearing, Visual, Physical & mentally challenged) – Intervention among psycho social problems of differently able.

## **Unit V: Social Legislation Related to Public Health**

The Personal Disability Act, MTP Act, & its impact, Food Adulteration Act 1954- the Drugs and Cosmetics Act 1940-.The birth deaths and Marriages Registration Act-The epidemic Diseases Act 1897-The prohibition of smoking in public places rules 2008.

## **Reference Books**

Dora, GoldStien,(1954) *Expanding Horizons in Medical Social Work*, (1<sup>st</sup> Edition), Chicago, The University of Chicago Press.

Park.J.E&Park.K,(1997). *Preventive and Social Medicine*, (4<sup>th</sup>Edition),Jabalpur Banaridas Bhanot.

Banerjee, Gouri Rani, (1998). *The Tuberculosis Patient*, (1st Edition), Mumbai Tata Institute of Social Sciences.

Javeri D. R.,( 1996) *Social Work in Hospital Set up*, (4<sup>th</sup> Edition) Mumbai, KEM Hospital.

Pathak, S.H, (1961) *Medical social Work in India*, (1<sup>st</sup> Edition) Delhi, School of Social Work.

Sundar.I,(2009) *Social Work Practices in health and Medical Profession*,(1<sup>st</sup> Edition) New Delhi,Sarup Book Publishers Pvt. Ltd.

## Semester IV

### Core X: Counselling Theory and Practice

Sub. Code: PW1741

No. of Hours per Week	Credits	Total No. of Hours	Marks
5	4	75	100

#### Objectives

1. To impart knowledge of effective Counselling Techniques.
2. To train students to be an efficient Counsellor.

#### Unit I: Counselling

Definition, Concepts, Objectives, Needs, Principles, Process, Skills, Methods and Techniques. Problems and Limitations.

#### Unit II: Theories and Therapies

Psychoanalytic Theory, Adlerian Theory, Client Centered Theory, Behaviour Modification Theory, Rational Emotive therapy, Gestalt Theory, Reality Therapy and Transactional Analysis.

#### Unit III: Counselling in Various Settings

Counselling center–Family court, VCTC, ICTC, Family center, De-addiction center, Corectional center, Palative care center, Educational center, Industrial center. Vocational Guidance- Counseling with special Groups: Children, Youth, Aged and differently able. Social workers ethical responsibilities in practice settings.

#### Unit IV: Psycho Social Support in Disaster Management

Reactions subsequent to Disaster (Mental Health Aspects, Emotional Reactions), Shock, Vigilance, Despair, Crying, Numbness, Guilt and Relieving. Basic Techniques of Counselling- Ventilation, Empathy, Active Listening, Social Support, Externalization of Interest, Valuation of Relaxation and Recreation and Spirituality. Post Traumatic Stress Disorder (PTSD).

#### Unit V: Career Guidance

Concepts, Objectives, Types, Principles and Ethics and Models of Guidance. Factors influence a person to choose a career, important factor for career planning. Vocational Guidance, Difference between Counselling and Guidance, Counselling and Psychosocial support.

#### Reference Books

Francis J. Turner,(1996) *Social Work Treatment-Interlocking Theoretical Approaches*,(4<sup>th</sup> Edition) New York,.The FREE press, A division of Simon & Schuster Inc.

John Antony.D,(2006)*Mental Disorders Encountered in Counselling - A Textbook of Clinical Psychology Based on Diagnostic and Statistical Manual of Mental Disorders*, (2<sup>nd</sup> Edition) Dindugal, Tamilnadu, Anugraha publications.

Lewis E.Patterson, Elizabeth Reynolds Welfel, (2001) *The Counseling Process*, (5<sup>th</sup> Edition)Cleveland state university, Wadsworth, Thomson Learning pub.

Feltham. C & Horton. I (2000) *Handbook of Counselling and Psychotherapy*, (2<sup>nd</sup> Edition) London: Sage Publication.

Nelson - Jones, R. (1995). *The Theory and Practice of Counselling*, (2nd Edition), London: Cassell.

**Semester IV**  
**Core XI: Psychiatric Social Work**  
**Sub. Code: PW1742**

No. of Hours per Week	Credits	Total No. of Hours	Marks
5	4	75	100

**Objectives**

1. To impart knowledge on the importance of Psychiatric Social Work.
2. To train the students to practice Psychiatric Social Work Effectively

**Unit I: Psychiatric Social Work**

Definition, History, Scope, Characteristics and relevance of psychiatric social work  
Community Psychiatry: History, Principles and Intervention.

**Unit II: Psychiatry Social Work in Various Settings**

Psychiatric Social Work as a Primary Setting- Psychiatric social work intervention in Various Settings- De-addiction centers, mental health centers, Educational centers, Medical centers, Geriatric care centers, Correctional centers, and Special school.

**Unit III: Psychiatric Treatment Therapies**

Individual and Group Psycho Therapies, Conjoint Therapy, Organic Therapy-Medication and ECT, Milieu Therapy. Psychiatric hospital as a Therapeutic Community, Occupational Therapy and other Therapeutic Activities.

**Unit IV: Psychiatric Rehabilitation**

Meaning, concept, definition, Principles of Rehabilitation, Intervention of psychiatric social worker in Rehabilitation- Assessment, Planning, Implementing and Evaluating Rehabilitation Services. Community intervention in Rehabilitation (Individual, family, groups, community). Types of Rehabilitation Centers.

**Unit V: Community Mental Health Programme for High Risk Groups**

Post Partum Mothers, Children, Adolescence, the Aged, the mentally challenged, Alcoholic, Drug Dependence, Chronically Ill, Disaster and Suicide victims.

**Reference Books**

Francis J. Turner, (1996) *Social Work Treatment-Interlocking Theoretical approaches*,(4<sup>th</sup> Edition) New York, The FREE press, A division of Simon & Schuster Inc.  
Seker.k, Parthasarathy, Muralidhar, Chandrasekar Rao,(2007) *Handbook of Psychiatric Social Work*,(1<sup>st</sup> Edition) Bangalore,National Institute of Mental Health and Neuro Science.  
Dr.Ramakrishanan.K, Dr.Arun Kumar.N, (2010) *Psychiatry Made Easy*, (1<sup>st</sup> Edition) Trichy ,ATHMA Institute of Mental Health and Social Science.

Purnima N Mane,(1990) *Setting in Child Guidance's Clinic*, (1<sup>st</sup> Edition)Mumbai ,Tata Institute of Social Service.

Purnima N Mane, Katy and Gandevia, (1993) *Mental Health in India*, (2<sup>nd</sup> Edition) Mumbai, Tata Institute of Social Sciences.

**Semester IV**  
**Core XII: Hospital Administration**  
**Sub. Code: PW1743**

No. of Hours per Week	Credits	Total No. of Hours	Marks
5	4	75	100

**Objectives**

1. To impart knowledge of hospital administration.
2. To train students to be an efficient hospital administrator.

**Unit I: Hospital**

Meaning –evolution from charity to modern hospital-classification of hospital. Hospital administration-concept, definition, general principles, importance, functions, patterns and standards-Hospital Administrator-role, functions and duties.

**Unit II: Problems of Hospital Administration**

Human resource planning: Methods and techniques-recruitment, selection, induction, placement, performance appraisal, career planning and counseling-Training and development of various categories-uses of computers in hospital.

**Unit III: Hospital Organization**

Analysis- The governing boards –The Administrator-Assistant to the administration-The Department organization-The Hospital auxiliary-Role of hospital in the health care delivery system

**Unit IV: Quality Assurance in Hospital Services**

General consideration-Setting the standard and associated problems-Improving the quality of hospital services.

**Unit V: Laws Pertaining to Hospital**

The employees provident Fund Act 1952-The Employees Pension Scheme 1995-Employees deposit linked insurance scheme-The Employees state insurance Act 1948-The Health insurance policy.

**Reference Books**

McGiobony, (1952) *Principles of Hospital Administration*, (2<sup>nd</sup>edition) Putnam, The University of California.

Arya P.P and Gupta R.P (1989), *Human Resource and Accounting*, (3<sup>rd</sup> Edition) Delhi, Deep and Deep.

Goel, SL and Kumar.R(1990) *Hospital Administration and Management*,(2<sup>nd</sup> Edition), Delhi, Kalinga.

Mathur.B.L(1990), *HRD Strategies, Approaches and Experiences*, (1<sup>st</sup> Edition) Jaipur, Assistant Publishers.