

HOLY CROSS COLLEGE (AUTONOMOUS)

(Affiliated to M.S. University, Tirunelveli)

Accredited with A+ Grade (CGPA 3.35 - 4th Cycle) by NAAC

Nagercoil - 629 004, Tamil Nadu, India



YOUTH RED CROSS

ANNUAL REPORT

(2020 - 2021)



S. No: 1

Title of the Programme : National Webinar on Psychological and Physical Well-being During Unprecedented Time

Date : 03-08-2020

Organized by: YRC, Holy Cross College (Autonomous), Nagercoil

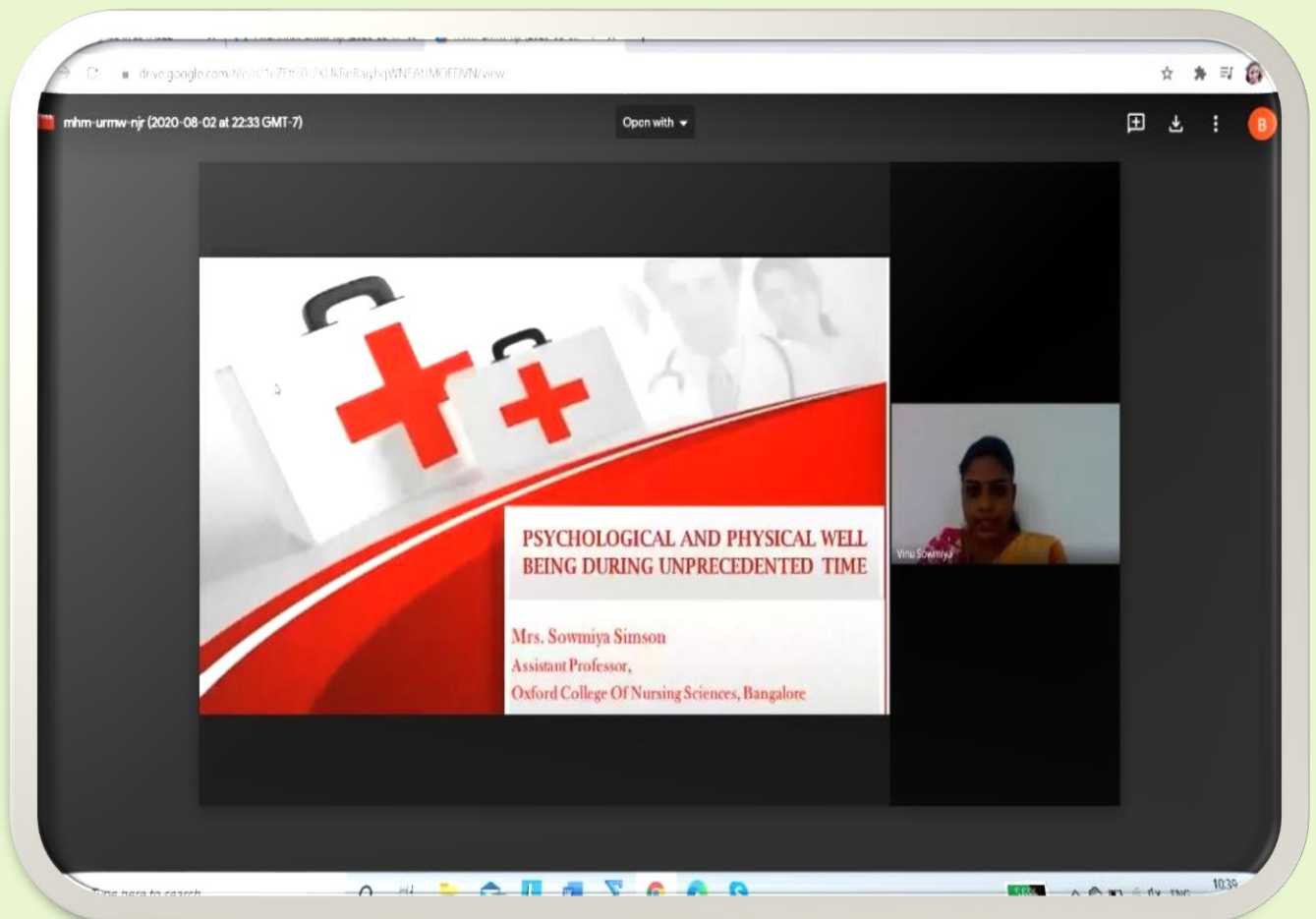
Theme/ Objective: To create awareness about the importance of prioritizing mental and physical health

Resource persons: Mrs. V. Sowmiya, Assistant Professor of Mathematics, Oxford College of Nursing Sciences, Bangalore

Outcome of the Activity: The students got motivated to prioritize mental and physical health and to prioritize self-care

No. of Beneficiaries: 250

Platform: Google meet



S. No: 2

Title of the Programme : Webinar on Artificial Breast Feeding

Date : 06-08-2020

Organized by: YRC, Holy Cross College (Autonomous), Nagercoil & YCBACO

Theme/ Objective: Revolutionizing Infant Nutrition

Resource persons: Dr. Priyambika Kumaresh, ARC Hospital, Coimbatore

Outcome of the Activity: The webinar played a valuable role in advancing knowledge and contributing to better outcomes for infant health and nutrition

No. of Beneficiaries: 63

Platform: Zoom



S.No: 3

Title of the Programme : An awareness talk on ‘Safety of Girl Child in Current Scenario’

Date : 27-10-2020

Organized by: YRC, Holy Cross College (Autonomous), Nagercoil

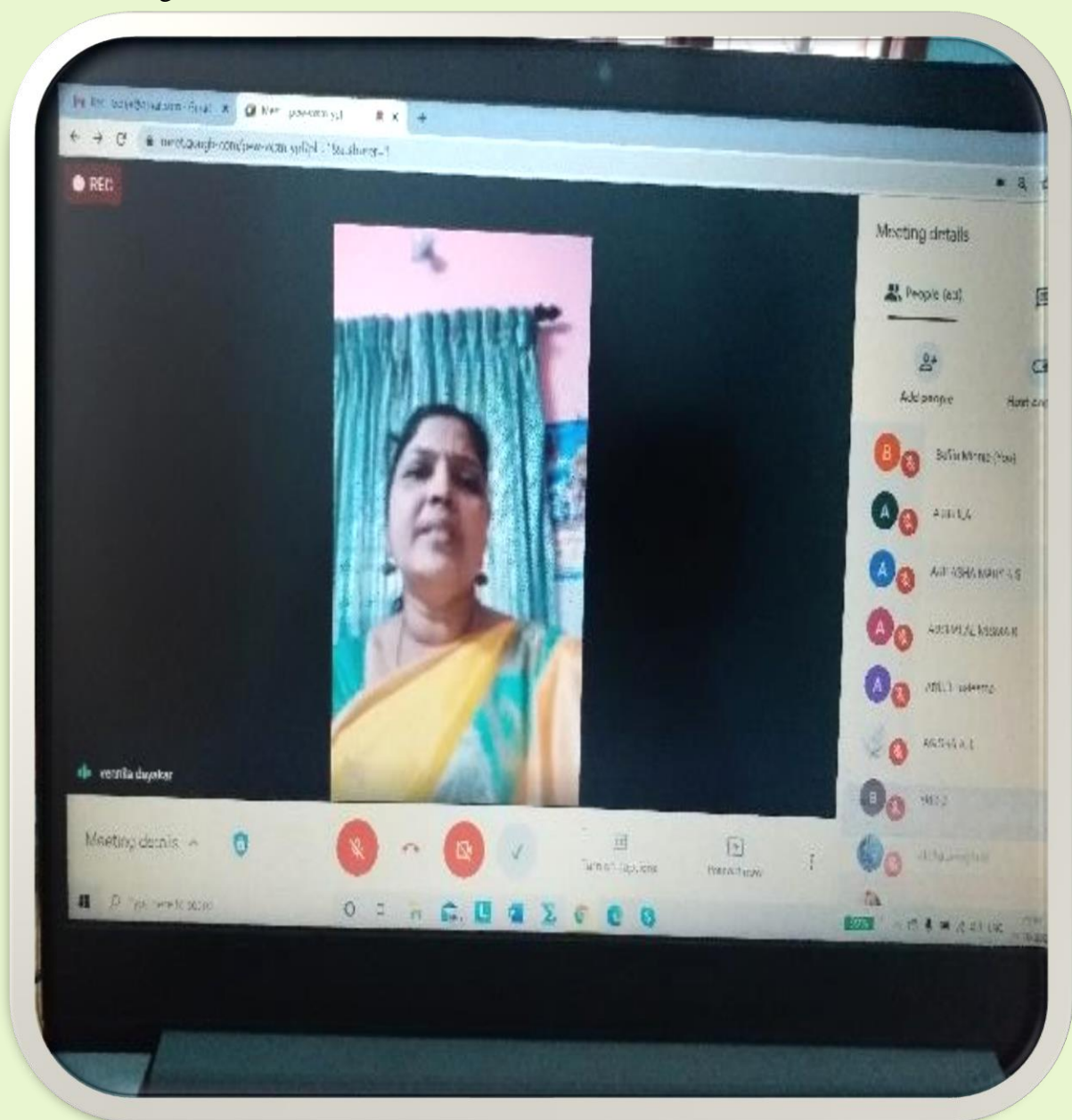
Theme/ Objective: Building Stronger Communities for Safer Girls

Resource persons: Ms. M Sahaya Vennila, Assistant Professor of Economics, Holy Cross College, Nagercoil

Outcome of the Activity: To spread awareness for a safer and more supportive environment for girls and young women

No. of Beneficiaries: 63

Platform: Google meet



S.No: 4

Title of the Programme: Awareness talk on Diabetes Prevention and Management

Date : 13-11-2020

Organized by: YRC, Holy Cross College (Autonomous), Nagercoil & YCBACO

Theme/ Objective: Empowering Healthier Lives: Taking Charge of Diabetes Prevention and Management

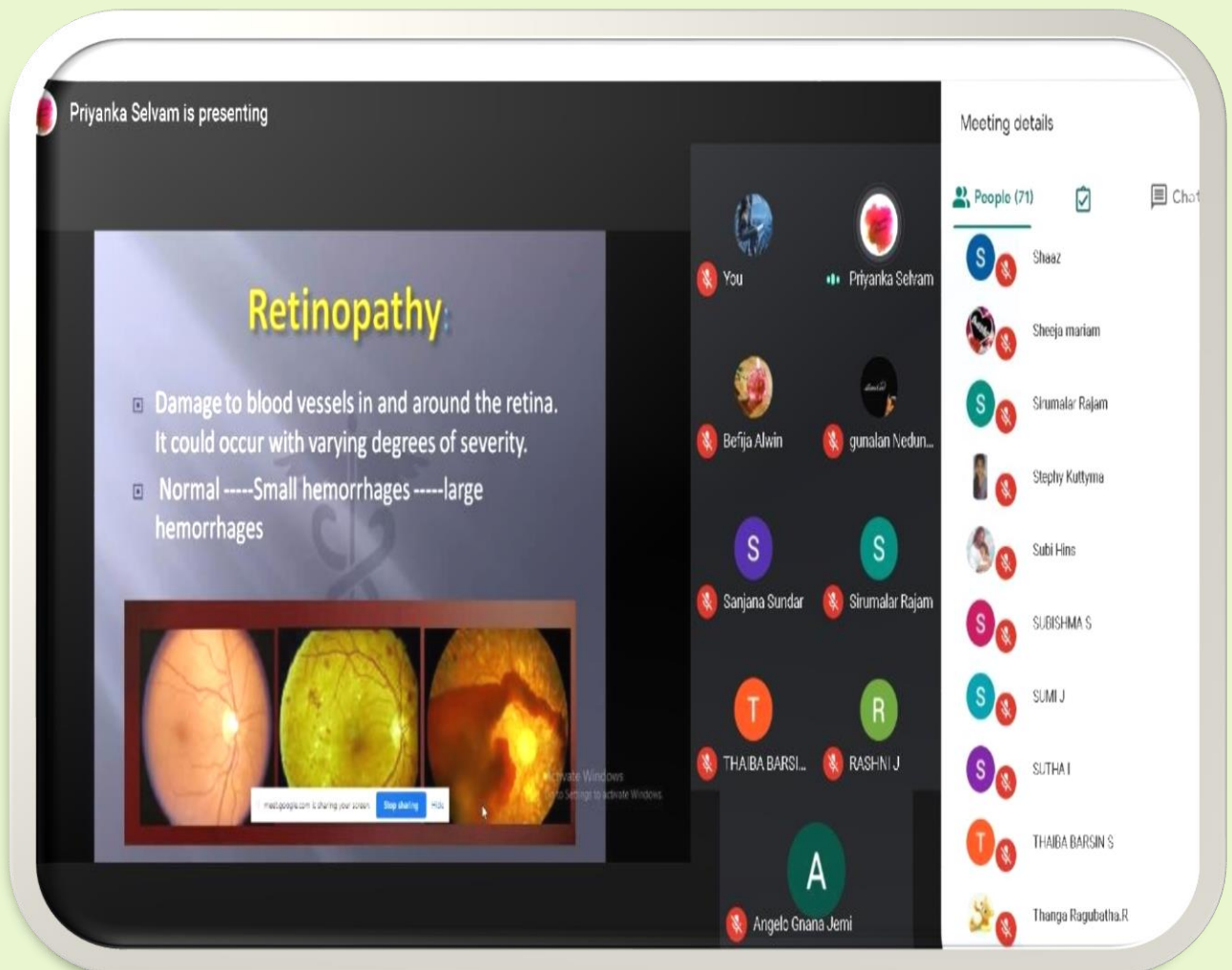
Resource persons:

1. Dr.Shafna Azeez,
2. Dr.Priyanka Selvam &
3. Dr.Vinitha

Outcome of the Activity: To spread awareness among the attendees by promoting healthy lifestyle choices and encouraging early detection

No. of Beneficiaries: 75

Platform: Google meet



S.No: 5

Title of the Programme : Awareness programme on First Aid

Date: 12-01-2021

Organized by: YRC, Holy Cross College (Autonomous), Nagercoil

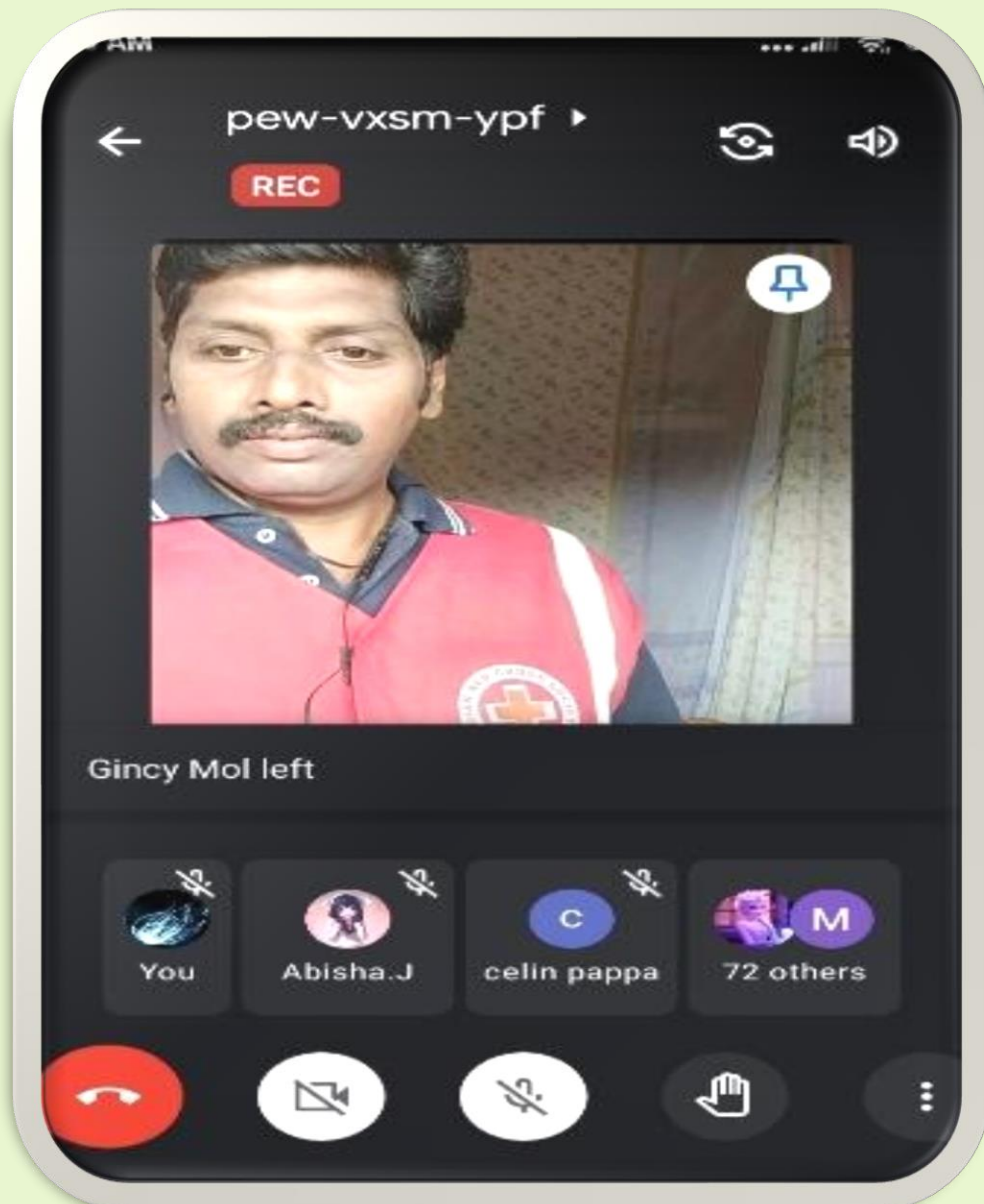
Theme/ Objective: Empowering individuals in First Aid techniques

Resource person: Mr. E. Blithe Sudhar, First Aid & Disaster Management Trainer cum Field Coordinator, Indian Red Cross Society, Tamil Nadu State Branch

Outcome of the Activity: To create awareness among the attendees in empowering individuals to respond effectively to medical emergencies

No. of participants: 80

Platform: Google meet



S.No: 6

Title of the Programme : Talk on 'Women in Progressive Ways'

Date : 27-02-2021

Organized by: YRC, Holy Cross College (Autonomous), Nagercoil

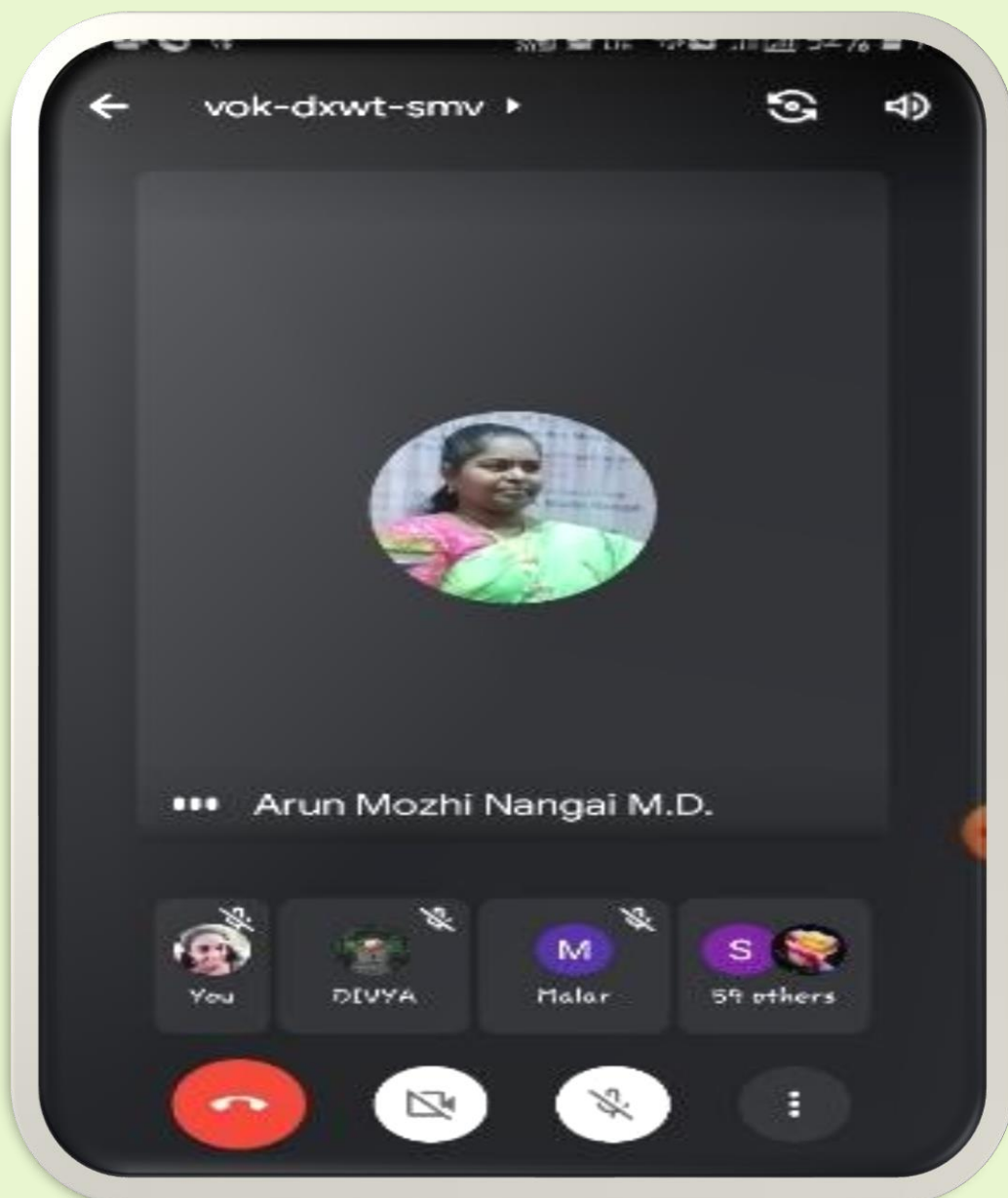
Theme/ Objective: Breaking Barriers, Building Futures: Women Pioneering Progress in Diverse Pathways

Resource persons: Dr. Arun Mozhi Nangai, Assistant Professor of Tamil,
Holy Cross College (Autonomous), Nagercoil

Outcome of the Activity: Students could realize importance of empowering themselves and raising awareness

No. of Beneficiaries: 65

Platform: Google meet



S.No: 7

Title of the Programme: YRC District Level Students Study Camp

Date : 10-03-2021

Organized by: YRC, Kanyakumari District

Theme/ Objective: To create good environmental awareness

Resource person: Dr. Mary Jessy Roach, Chairman, IRCS KKDB

Outcome of the Activity: Students are able to promote community engagement and nurture a culture of lifelong learning and service

No. of Beneficiaries: 11

Venue: Scott Christian College (Autonomous), Nagercoil



S.No: 8

Title of the Programme : Blood Donation Camp

Date: 18-03-2021

Organized by: YRC, Holy Cross College (Autonomous), Nagercoil

Theme/ Objective: To motivate the youth to achieve big things by contributing to the society

Resource persons: Dr. L.P. Sastha, Blood Bank Medical Officer of Government Head Quarters Hospital, Padmanabapuram

Outcome of the Activity: The blood donation camp made a significant impact by saving lives and promoting collaboration in addressing healthcare needs

No. of Beneficiaries: 200

Venue: Multi Purpose Hall, Holy Cross College (Autonomous), Nagercoil



S.No: 9

Title of the Programme: First phase Distribution of Free Masks and Sanitizers

Date: 24-03-2021

Organized by: YRC, Holy Cross College (Autonomous), Nagercoil

Theme/ Objective: To create awareness among people about taking precautions during pandemic

Outcome of the Activity: The students and people got awareness about the importance of wearing masks

No. of Beneficiaries: 100

Venue: In and around Holy Cross College (Autonomous), Nagercoil



S.No: 10

Title of the Programme: Second phase of Distribution of free Masks and Sanitizers

Date: 04-05-2021

Organized by: YRC, Holy Cross College (Autonomous), Nagercoil

Theme/ Objective: To create awareness among people about taking precautions during pandemic

Outcome of the Activity: The students and people got awareness about the importance of wearing masks

No. of Beneficiaries: 50

Venue: Vattakarai Market



S.No: 11

Title of the Programme: A talk on “Covid -19 pandemic- Myths and Facts”

Date: 05-05-2021

Organized by: YRC, Holy Cross College (Autonomous), Nagercoil

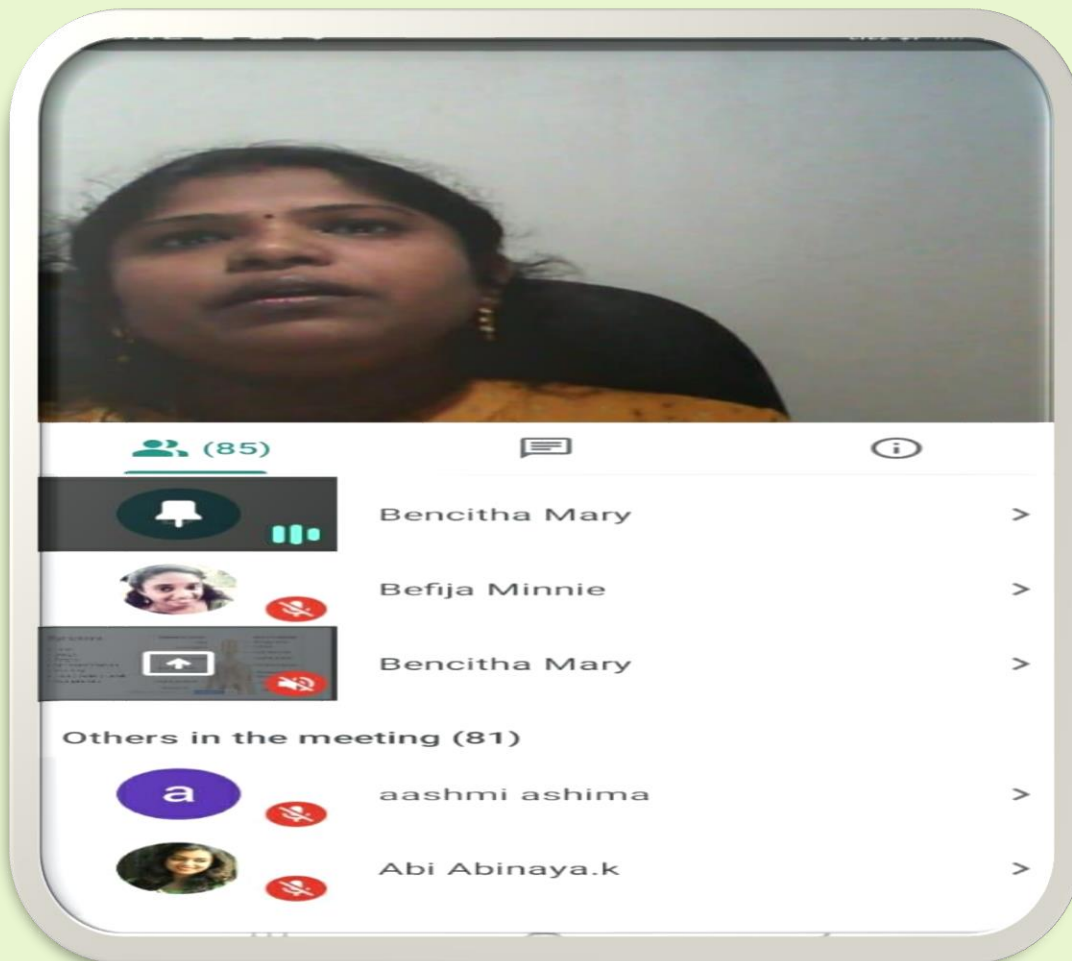
Theme/ Objective: Dispelling Misinformation and Promoting Evidence-Based Understanding of COVID-19 During the Pandemic

Resource person: Dr. D. Becintha Horrence Mary, (Hom.Paediatrics), Associate Professor, Department of Paediatrics, Saradha Krishna Homeopathic Medical College, Kulasekharam

Outcome of the Activity: The students understood the importance of fostering confidence and trust in public health measures and encouraging responsible behavior amidst the COVID- 19 pandemic

No. of Beneficiaries: 89

Platform: Google meet



S.No: 12

Title of the Programme: Third phase of Distribution of free Masks and Sanitizers

Date: 31-05-2021

Organized by: YRC, Holy Cross College (Autonomous), Nagercoil

Theme/ Objective: To create awareness among people about taking precautions during pandemic

Outcome of the Activity: The people got awareness about the importance of wearing masks

No. of Beneficiaries: 50

Venue: Vattakarai

