

HOLY CROSS COLLEGE (AUTONOMOUS), NAGERCOIL

Accredited with A⁺⁺ Grade (CGPA 3.53- V Cycle) by NAAC
Affiliated to Manonmaniam Sundaranar University, Tirunelveli
ISO/QMS 9001:2015 & EOMS 21001:2018
Nagercoil-629 004, Kanniyakumari Dist.



Certificate Course Syllabus
2026-2027

Creative Aari Embroidery - Course Code: UG261C01

Course Code	L	T	P	S	Credits	Inst. Hours	Total Hours	Marks		
								CIA	External	Total
UG261C01	-	1	1	-	1	2	30	25	75	100

Learning Objectives

1. To teach students to master Aari embroidery techniques, enabling them to precisely create intricate traditional and contemporary designs.
2. To help students design and produce market-ready Aari embroidered products, applying their skills to clothing, decor, and accessories.

Course Outcomes

On the successful completion of the course, students will be able to:		
1.	elevate Aari frame by showcasing its intricate artistry in local and global markets, fostering greater awareness and appreciation for this traditional Posture.	K2
2.	offer training and skill-building programs for artisans—especially women—to empower them with mastery in double-beadwork techniques.	K1
3.	foster innovation in Aari embroidery by blending Katta Stitch Techniques with contemporary designs and modern fashion trends, expanding its appeal to a broader audience.	K3
4.	execute fundamental stitches, including layering, zigzag stitch, and buttonhole stitch, with precision and skill.	K5
5.	apply advanced stitching techniques, such as circular buttonhole stitch and Mirror Work, to enhance design intricacy and craftsmanship.	K4

Units	Contents	No. of Hours
I	INTRODUCTION TO AARI CRAFTING Selection of Fabrics - Materials-Setting Up the Aari Frame - Stand- Securing the Frame with Fasteners-Types of Aari Needles - Thread Variants-Correct Needle Handling - Posture.	6
II	CORE STITCHING TECHNIQUES Basic Loop Stitch-Twisted Chain Stitch, Slant Stitch-Double Slant Stitch, Running Stem Stitch-Reverse Loop Stitch, Backward Chain-Interlaced Stitch- Buttonhole Variations – Single and Double-Beadwork Embellishment.	6
III	COMPLEX STITCHES & DESIGN APPLICATIONS Circular Buttonhole Stitch-Herringbone Variation-Satin Knot Stitch-Wave-Styled Buttonhole-Feathered Stem Stitch- Styles-Stone-Embedded Chain Stitch-Kundan & Katta Stitch Techniques-Applying Advanced Stitches in Contemporary Designs.	6

IV	TEXTURING & LAYERING METHODS Leaf Embroidery with Buttonhole Stitches-Interlocking Filler Techniques-Cross-Hatch and Mesh Filling-Raised & Layered Loading Styles-Embossed Effect with Mixed Techniques-Beaded Layering for Depth-Dual-Tone Triangle Filler.	6
V	CUTWORK & MIRROR WORK Unique Textured Patterns – Honeycomb & Artistic Stitching-Traditional & Contemporary Mirror Work-Coin Embroidery Techniques-Precision Cutwork with Decorative Beads-Layered Zari Loading.	6

K1 - Remember; **K2** - Understand; **K3** – Apply; **K4** - Analyse; **K5** - Evaluate

Baking Skills and Techniques - Course Code: UG261C02

Course Code	L	T	P	S	Credits	Inst. Hours	Total Hours	Marks		
								CIA	External	Total
UG261C02	-	1	1	-	1	2	30	25	75	100

Learning Objective

1. To teach foundational baking techniques such as ingredient measurement, mixing methods, and baking principles necessary for successful cake baking.
2. To help students understand the characteristics of various types of cakes and develop the skills to select and execute appropriate recipes based on desired outcomes.

Course Outcomes

On the successful completion of the course, students will be able to:		
1.	to teach foundational baking techniques essential for baking cakes, including ingredient measurement, mixing methods, and baking principles.	K2
2.	to help students develop a deep understanding of different types of cakes and their characteristics to choose appropriate recipes and methods.	K1
3.	to prepare students with basic cake decorating skills, focusing on frosting application, basic piping techniques.	K3

K1 - Remember; K2 - Understand; K3 – Apply

Units	Contents	No. of Hours
I	FUNDAMENTALS OF BAKING Introduction to Baking Tools and Utensils-Key Baking Ingredients-Flour Types- Sweeteners, Dairy, and Binders-Accurate Measuring & Mixing Methods-Understanding Baking Temperatures & Oven Settings	6
II	ESSENTIAL CAKE BAKING METHODS Classic Sponge Cake Techniques (Vanilla & Chocolate)-Whisking & Aeration Methods for Light Textures-Foam-Based Cake Preparation.	6
III	FILLING VARIATIONS & LAYERED CAKES Achieving Uniform Cake Layers-Diverse Fillings: Mousse, Custard, Buttercream, and Ganache-Stacking and Stabilizing Multi-Layer Cakes-Crumb Coating & Smoothing Techniques	6
IV	ARTISTIC CAKE DECORATION Working with Buttercream & Ganache-Piping Patterns and Decorative Borders-Fondant Moulding.	6
V	ADVANCED & CELEBRATION CAKES Butterscotch Cake – Choco Truffle Cake – Strawberry cake – Blueberry cake -Brownies – Blondies.	6

Professional Beauty Care - Course Code: UG261C03

Course Code	L	T	P	S	Credits	Inst. Hours	Total Hours	Marks		
								CIA	External	Total
UG261C03	-	1	1	-	1	2	30	25	75	100

Learning Objectives

1. Understand the basic structure and types of skin and hair.
2. Learn the procedures and techniques for effective skin and hair care, including washing, moisturizing, and treating specific conditions.

Course Outcomes

On the successful completion of the course, student will be able to:		
6.	describe the structure of skin and types of skin, and identify appropriate face wash and moisturizer products.	K1
7.	demonstrate the ability to perform face hair removal using a thread remover.	K2
8.	explain the process of deep cleaning and moisturizing hair, and identify solutions for dandruff treatment.	K4
9.	apply various bleaching techniques (Normal, Pearl, Gold) and understand the procedure for bleach care.	K3
10.	perform different facial treatments (Normal, Pearl, Gold) and follow the correct procedure for facial care	K5

Units	Contents	No. of Hours
I	RADIANT SKIN Facial Skin Care Essentials – Cleansing with face wash for deep purification – Moisturizing to hydrate and nourish the skin – Use of thread remover for facial hair removal – Understanding the structure of the skin and identifying different skin types.	6
II	NOURISHED HAIR Hair Care Essentials – Deep cleansing through proper hair washing – Dandruff treatments for a healthier scalp – Hair moisturizing for softness and nourishment – Understanding hair structure and identifying various hair types.	6
III	GLOW ENHANCING FACIAL Types of Facial Bleach and Application Techniques – Overview of Normal, Pearl, and Gold Bleach – Step-by-step procedure for safe and effective bleach application and aftercare.	6
IV	GLOW BOOST FACIAL	6

	Types of Facials and Care Procedures – Introduction to Normal, Pearl, and Gold Facials – Step-by-step facial techniques and post-treatment care for healthy, glowing skin.	
V	STYLE YOUR HAIR, DEFINE YOUR FACE Hair & Beauty Detailing – Haircuts including Straight Cut and U-Cut – Eyebrow threading for precise shaping – Makeup highlighting techniques to enhance facial features.	6

K1 - Remember; **K2** - Understand; **K3** – Apply; **K4** - Analyse; **K5** - Evaluate

The Art of Acrylic Painting - Course Code: UG261C04

Course Code	L	T	P	S	Credits	Inst. Hours	Total Hours	Marks		
								CIA	External	Total
UG261C04	-	1	1	-	1	2	30	25	75	100

Learning Objectives

1. Understand basic canvas painting techniques.
2. Learn different strokes and methods used in canvas painting.

Course Outcomes

On the successful completion of the course, student will be able to:		
1.	familiarize with canvas painting tools and basic techniques	K1
2.	paint a sunrise or sunset scene on canvas.	K2
3.	execute canvas paintings of a dancing girl and blue birds, showcasing stroke techniques.	K4
4.	produce a canvas painting featuring a mosque, displaying understanding of architectural elements and colour application.	K3
5.	create paintings of a waterfall and a scenery, demonstrating skills in composition and perspective.	K5

Units	Contents	No. of Hours
I	CANVAS PAINTING FUNDAMENTALS Introduction to canvas art, essential tools, and painting techniques – Drawing and painting a sunrise or sunset scene – Hands-on practice to build foundational skills.	6
II	BRUSH STROKE TECHNIQUES AND THEMATIC PAINTING Exploring various brush stroke methods – Drawing and painting a dancing girl – Creating and colouring blue bird illustrations – Practical exercises to enhance artistic technique and creativity.	6
III	WATERFALL SCENE ILLUSTRATION AND PAINTING Step-by-step drawing and painting of a waterfall landscape – Guided practice to improve composition, shading, and colour blending techniques.	6
IV	SCENERY DRAWING AND PAINTING PRACTICE	6

	Step-by-step creation of scenic landscapes with guided painting techniques – Hands-on practice to enhance composition, colour usage, and artistic expression.	
V	MOSQUE ILLUSTRATION AND PAINTING PRACTICE Step-by-step drawing and painting of a mosque – Guided exercises to enhance architectural detailing, colour application, and artistic accuracy.	6

K1 - Remember; **K2** - Understand; **K3** – Apply; **K4** - Analyse; **K5** - Evaluate

Textile Surface Painting - Course Code: UG261C05

Course Code	L	T	P	S	Credits	Inst. Hours	Total Hours	Marks		
								CIA	External	Total
UG261C05	-	1	1	-	1	2	30	25	75	100

Learning Objectives

1. Understand basic fabric painting techniques and tools.
2. Apply tracing and painting methods to create various designs on fabric.

Course Outcomes

On the successful completion of the course, students will be able to:		
1.	develop basic design concepts and paint candles and flowers on fabric.	K3
2.	use appropriate tools and techniques to trace and paint butterflies on fabric.	K2
3.	trace and paint sunflowers and parrots accurately on fabric.	K1
4.	trace and paint floral designs and flower vases on fabric.	K2
5.	trace and paint three roses, demonstrating proficiency in fabric painting techniques.	K1

K1 - Remember; **K2** - Understand; **K3** – Apply; **K4** - Analyse; **K5** - Evaluate

Units	Contents	No. of Hours
I	FABRIC PAINTING BASICS Introduction to fabric painting techniques – Exploring methods of design development – Step-by-step practice of basic candle and flower motifs.	6
II	TOOLS, TECHNIQUES & BUTTERFLY PAINTING PRACTICE Overview of essential tools and painting methods – Tracing and painting butterfly designs on fabric – Hands-on practice to build skill and precision.	6
III	SUNFLOWER AND PARROT FABRIC PAINTING Tracing and painting techniques for sunflower and parrot designs – Guided practice to enhance detailing and color application skills.	6
IV	FLORAL AND FLOWER VASE PAINTING Tracing and painting techniques for floral patterns and flower vase designs – Hands-on practice to develop precision and artistic expression.	6
V	THREE ROSES PAINTING PRACTICE Tracing and painting techniques focused on a three-rose composition – Guided exercises to enhance shading, detailing, and color blending skills.	6

Professional Garment Making - Course Code: UG261C06

Course Code	L	T	P	S	Credits	Inst. Hours	Total Hours	Marks		
								CIA	External	Total
UG261C06	-	1	1	-	1	2	30	25	75	100

Learning Objective

1. To teach mastery of complex garment construction techniques, including tailoring, draping, and integrating innovative materials and technologies.
2. To help develop a unique design aesthetic and brand identity, along with expertise in brand development and marketing strategies.

Course Outcomes

On the successful completion of the course, students will be able to:		
1.	To teach advanced tailoring, draping, and couture techniques.	K2
2.	To help develop a unique personal style and cohesive collections	K1
3.	To prepare students to establish and market a successful fashion brand.	K3

K1 - Remember; K2 - Understand; K3 – Apply

Units	Contents	No. of Hours
I	INTRODUCTION TO TAILORING & SEWING BASICS Understanding Tailoring Tools & Equipment-Types of Fabrics & Their Properties-Measuring Techniques & Body Proportions-Basics of Hand Sewing & Machine Stitching-Safety Guidelines in Tailoring.	6
II	PATTERN MAKING & FABRIC CUTTING Introduction to Pattern Drafting-Taking Accurate Body Measurements-Creating Basic Garment Patterns (Shirt, Skirt, Pants)-Fabric Selection & Layout Planning-Cutting Techniques & Marking Methods.	6
III	SEWING TECHNIQUES & GARMENT CONSTRUCTION Basic & Advanced Stitches (Straight, Zigzag, Overlock)-Seam Types & Finishing Methods-Darting, Pleating, and Gathering Techniques-Sleeve Attachment & Neckline Finishing-Piping, Facing, and Binding Techniques.	6
IV	SPECIALIZED GARMENT DESIGN & FITTING Stitching Formal & Casual Wear-Creating Traditional & Modern Outfits-Fitting & Alteration Techniques-Decorative Stitching & Embellishments-Adding Zippers, Buttons, and Hook Closures.	6
V	PROFESSIONAL SKILLS Designing & Constructing a Complete Outfit-Quality Control & Finishing Touches-Ironing & Presentation Techniques-Cost Estimation & Fabric Consumption-Career Opportunities in Tailoring & Fashion.	6

Fiber to Yarn – Course Code UG261C07

Course Code	L	T	P	S	Credits	Inst. Hours	Total Hours	Marks		
								CIA	External	Total
UG261C07	-	1	1	-	1	2	30	25	75	100

Learning Objectives:

1. To introduce fundamental techniques of fiber crafting, working with different materials, and mastering basic to intermediate stitches
2. To create various projects from décor items to functional accessories

Course Outcomes

On the successful completion of the course, students will be able to:		
1.	identify the use of various types of yarn and tools	K1
2.	understand how to read and follow the pattern	K2
3.	complete small projects including a coaster, Amigurumi, and a bag	K3
4.	analyze and distinguish the various types of yarns and crochet stitches	K4
5.	examine and interpret written crochet patterns and diagrams	K5

Units	Contents	No. of Hours
I	EXPLORING FIBER ART An introduction to the world of fiber art and the importance of crochet – Overview of essential tools and materials – Understanding various types of yarn – Step-by-step guide to basic crochet stitches including chain stitch, slip stitch, single crochet, double crochet, and half double crochet.	6
II	READING CROCHET PATTERNS AND ADVANCED STITCHES Understanding written crochet patterns and common abbreviations – Learning how to interpret stitch diagrams – Mastering advanced stitches such as treble crochet, double treble crochet, cluster stitch, and shell stitch.	6
III	PROJECT 1: CROCHET DÉCOR – COASTER Selecting suitable yarn and hook for the project – Interpreting the crochet pattern – Finishing techniques with decorative edging stitches such as picot and knot stitch.	6

IV	INTRODUCTION TO AMIGURUMI Overview of this charming crochet art form – Essential tools and materials – Core techniques including magic ring and working in continuous rounds – Key stitches: increase and decrease – Project 2: Crochet Flower to apply foundational skills	6
V	PROJECT 3: CROCHET BAG WITH T-SHIRT YARN Selecting the right yarn and hook – Understanding and following the pattern – Constructing the bag base, building up the sides, and crafting handles or straps – Adding decorative embellishments for a personalized touch.	6

K1 - Remember; **K2** - Understand; **K3** – Apply; **K4** - Analyse; **K5** - Evaluate

Flavors on a Plate - Course Code: UG261C08

Course Code	L	T	P	S	Credits	Inst. Hours	Total Hours	Marks		
								CIA	External	Total
UG261C08	-	1	1	-	1	2	30	25	75	100

Learning Objectives

1. Understand the basics of baking and food safety, including making various cakes and cookies.
2. Learn how to plan and start a successful catering business, focusing on layout, facilities, and business procedures.

Course Outcomes

On the successful completion of the course, students will be able to:		
11.	recall the basic steps in baking and key food safety rules.	K1
12.	understand how the location and layout affect a catering business.	K2
13.	prepare snacks like sandwiches and pizzas, and sweets like carrot halwa.	K4
14.	break down the steps needed to plan a catering business.	K3
15.	assess different methods for starting and running a catering business.	K5

Units	Contents	No. of Hours
I	UNDERSTANDING BAKING AND FOOD SAFETY Definition of baking and its importance – Introduction to essential food safety practices – Overview of various types of cakes and cookies.	6
II	KITCHEN SETUP AND SNACK PREPARATION Understanding location, layout, and essential kitchen facilities – Step-by-step preparation of popular snacks: Veg Cutlet, Sandwiches (including Paneer Mayo), Burger, and Pizza.	6
III	CATERING BUSINESS PLANNING AND DESSERT PREPARATION Overview of the business planning process for launching and managing a successful catering venture – Practical preparation of popular Indian desserts: Carrot Halwa, Milk Sweet, and Bread Halwa.	6
IV	HYGIENE IN FOOD PRODUCTION & DESSERT MAKING Importance of personal hygiene in food preparation – Best practices in food production – Step-by-step preparation of Chocolate Brownies, Sponge Cake, and Rava Pudding.	6
V	CATERING TECHNIQUES AND SIGNATURE DISHES Key procedures and techniques for running a successful catering business – Preparation of popular dishes including a variety of Biryanis, Fried Rice, Ghee Rice, and Chicken specialties.	6

K1 - Remember; **K2** - Understand; **K3** – Apply; **K4** - Analyse; **K5** - Evaluate

Essentials of Drawing Shading - Course Code: UG261C09

Course Code	L	T	P	S	Credits	Inst. Hours	Total Hours	Marks		
								CIA	External	Total
UG261C09	-	1	1	-	1	2	75	25	75	100

Learning Objectives

1. Understand basic shading techniques and apply them to various subjects.
2. Develop skills in drawing and shading portraits, sceneries, and objects.

Course Outcomes

On the successful completion of the course, students will be able to:		
1.	draw and shade basic flowers using fundamental shading techniques.	K1
2.	draw and shade basic faces, capturing essential features and details.	K2
3.	create and shade drawings of sceneries such as waterfalls and sunsets.	K4
4.	draw and shade birds and animals in black and white.	K3
5.	use coloured pencils to shade drawings of flowers and fruits effectively.	K5

Units	Contents	No. of Hours
I	FUNDAMENTALS OF SHADING TECHNIQUES Introduction to basic shading methods – Step-by-step flower drawing with shading application – Hands-on practice for skill enhancement.	6
II	PORTRAIT DRAWING TECHNIQUES Introduction to basic facial structure and proportions – Shading techniques for realistic portraits – Guided practice for improving skills.	6
III	SCENERY DRAWING AND SHADING TECHNIQUES Step-by-step illustration and shading of natural landscapes such as waterfalls and sunsets – Guided practice to enhance artistic skills.	6
IV	BLACK & WHITE ILLUSTRATION PRACTICE Drawing and shading techniques for birds and animals in monochrome – Focused practice to develop detail and contrast skills.	6
V	COLOUR PENCIL SHADING TECHNIQUES Step-by-step shading of flowers and fruits using colored pencils – Guided practice to enhance blending, depth, and colour application skills.	6

K1 - Remember; **K2** - Understand; **K3** – Apply; **K4** - Analyse; **K5** - Evaluate

Personal and Professional Excellence - Course Code: UG261C10

Course Code	L	T	P	S	Credits	Inst. Hours	Total Hours	Marks		
								CIA	External	Total
UG261C10	-	1	1	-	1	2	30	25	75	100

Learning Objectives

1. Develop insight into personal strengths and areas for growth, and manage emotions effectively.
2. Achieve proficiency in verbal, non-verbal, and written communication to express ideas clearly and confidently.
3. Build effective personal and professional relationships, prepare for job interviews, and maintain a professional image.

Course Outcomes

On the successful completion of the course, student will be able to:		
1	demonstrate an understanding of self-awareness, emotional intelligence, and their importance in personal and professional development.	K1
2	identify and analyze personal communication styles and interpersonal skills, recognizing areas for improvement.	K2
3	apply effective verbal, non-verbal, and written communication techniques in various contexts.	K3
4	evaluate and improve public speaking and presentation skills through practice and feedback.	K4
5	integrate learned skills to build strong professional relationships, prepare for job interviews, and maintain a professional image.	K5

Units	Contents	No. of Hours
I	INTRODUCTION TO PERSONALITY DEVELOPMENT & SELF-AWARENESS Recognizing the significance of personality growth – Identifying individual strengths and areas for self-improvement – Cultivating emotional intelligence for personal and professional success.	6
II	FOUNDATIONS OF EFFECTIVE COMMUNICATION	6

	Strengthening verbal communication abilities – Mastering non-verbal cues and body language – Enhancing clarity and impact in written communication.	
III	INTERPERSONAL SKILLS DEVELOPMENT Fostering meaningful relationships – Enhancing teamwork and collaboration – Building effective networking abilities for personal and professional growth.	6
IV	PUBLIC SPEAKING & PRESENTATION MASTERY Conquering stage fear and speaking anxiety – Delivering clear, confident, and impactful presentations – Engaging with and responding to audience effectively.	6
V	PROFESSIONAL GROWTH & REAL-WORLD READINESS Cultivating a professional appearance and demeanor – Preparing effectively for job interviews – Evaluating personal development and progress.	6

K1 - Remember; **K2** - Understand; **K3** – Apply; **K4** - Analyse; **K5** - Evaluate

Smart Grooming Techniques – Course Code UG261C11

Course Code	L	T	P	S	Credits	Inst. Hours	Total Hours	Marks		
								CIA	External	Total
UG261C11	-	1	1	-	1	2	75	25	75	100

Learning Objectives:

1. **Understand** the principles of personal grooming and hygiene, including skin and hair.
2. **Identify** different skin types and appropriate skincare routines and treatments.

Course Outcomes

On the successful completion of the course, students will be able to:		
1.	list the basic components of good grooming practices, including personal and public hygiene	K1
2.	explain the characteristics of various skin types and the steps for their care and maintenance	K2
3.	demonstrate the correct procedures for performing facials and bleaches for different skin types using both herbal and chemical methods	K3
4.	analyze different hair types and conditions to determine the most suitable hair care treatments and products	K4
5.	assess various makeup and hairstyle techniques for their effectiveness and appropriateness for different occasions	K5

Units	Contents	No. of Hours
I	HYGIENE AND APPEARANCE Essentials of grooming – Self-care routines – Skin, hair, and nail maintenance – Personal and social hygiene – Wardrobe coordination – Accessories and jewelry – Practical self-grooming tips.	6
II	HEALTHY SKIN GUIDE Fundamentals of Skin Science – Understanding skin types – Exploring skin elasticity and tone – Identifying common skin concerns and corrective measures – Daily skin maintenance – Nutrition for radiant, healthy skin.	6
III	BRIGHTENING & SKINCARE RITUALS Facial and Bleach Techniques – Step-by-step procedures for both herbal and chemical facials, including massage strokes and their benefits – Detailed process for applying herbal and chemical bleach – Effective home remedies for skin care and natural glow.	6
IV	NOURISH & TREAT HAIR	6

	Fundamentals of Hair and Scalp Care – Understanding the science of hair, scalp, and hair growth – Identifying different hair types and structures – Common hair issues and effective solutions – Tips for promoting healthy hair growth – Preparation of natural hair growth oils – Methods for dandruff control – Guidelines for selecting the right shampoos – Hair conditioning techniques and best practices.	
V	BEAUTY LOOKS & HAIRDOS Makeup and Hairstyling Basics – Everyday self-makeup techniques – Party and occasion-ready looks – Variety of hairstyling methods for different events and preferences.	6

K1 - Remember; **K2** - Understand; **K3** – Apply; **K4** - Analyse; **K5** - Evaluate

Apparel Design and fashion Construction- Course Code: UG261C12

Course Code	L	T	P	S	Credits	Inst. Hours	Total Hours	Marks		
								CIA	External	Total
UG261C12	-	1	1	-	1	2	30	25	75	100

Learning Objective

1. To teach students to develop creative and original textile designs, incorporating various artistic techniques and design principles.
2. To help students gain technical skills in fabric selection, textile production processes, and the application of different textile design methods.

Course Outcomes

On the successful completion of the course, students will be able to:		
16.	study fabric spreading methods and marking techniques for accurate positioning and efficient use of markers.	K1
17.	understand textile materials and fabric construction processes.	K2
18.	prepare students for careers in the textile industry with market-ready product development and industry trend awareness.	K3
19.	create innovative and appealing textile designs using various techniques.	K5
20.	explain the functions of sewing machines like single needle, double needle, overlock, bar tacking, buttonhole making, button fixing, and blind stitching machines.	K4

Units	Contents	No. of Hours
I	INTRODUCTION TO SEWING Overview of Sewing Tools & Equipment-Understanding Fabric Types & Their Properties-Thread Selection & Needle Varieties-Setting Up and Operating a Sewing Machine-Hand-Sewing vs. Machine-Sewing Basics -Essential Safety Measures in Sewing	6
II	BASIC STITCHING & SEAM FINISH TECHNIQUES Running Stitch & Backstitch-Hemming & Blind Stitch-Overcast & Whip Stitch-Zigzag Stitch & Lock Stitch-Basting & Temporary Stitches-Troubleshooting Common Stitching Issues- Understanding Different Types of Seams-French Seam & Flat-Felled Seam-Overlocked & Piped Seam Finishes-Facing & Binding Techniques-Decorative Edge Stitching.	6
III	FABRIC CUTTING & PATTERN BASICS Introduction to Pattern Making-Measuring & Marking Fabric Accurately-Straight, Bias, and Curved Cuts -Cutting Techniques -Layout Planning for Minimal Fabric Waste.	6

IV	PRACTICAL GARMENT CONSTRUCTION Assembling Fabric Pieces with Basic Seams-Creating Simple Projects (Handkerchief, Pillowcase)-Basic Shirt or Skirt Construction-frock -Attaching Fasteners: Buttons, Hooks, and Zippers-Final Pressing & Finishing Techniques.	6
V	ADVANCE GARMENT CONSTRUCTION Introduction to Blouse Design- Types and styles of blouses- Pattern Making and Fabric Selection- Creating basic blouse patterns- Construction Techniques - Cutting and stitching basics-Seam finishes and hemming-Fitting and Alterations.	6

K1 - Remember; **K2** - Understand; **K3** – Apply; **K4** - Analyse; **K5** - Evaluate