



## **HOLY CROSS COLLEGE (AUTONOMOUS)**

Affiliated to Manonmaniam Sundaranar University  
Accredited with 'A+' Grade (CGPA- 3.35) by NAAC (IV Cycle)  
Nagercoil -629004, Tamil Nadu, India



# **Internal Quality Assurance Cell (IQAC)**

**Organizes**

## **STUDENT INDUCTION PROGRAMME (2022-2023)**

*from 25th July to 2nd August*

*Day 1: 25/07/2022*

**Morning Session: 9.00 – 12.15**

- **Inaugural**
- **SIP Introduction & Campus Facilities**

**Afternoon Session: 1.15 – 3.15**

- **Mentoring**
- **Department Orientation**
- **Introduction and Socializing**
- **SLOC Analysis**

*Day 2: 26/07/2022*

**Morning Session: 9.00 – 12.15**

- **Prayer**
- **Talk 1: Being and Becoming**
- **Talk 2: Importance of Yoga**
- **Yoga Practical Session**

**Afternoon Session: 1.15 – 3.15**

- **Creative Art, Paper Art, Clay Art, Bottle Art, Wall Décor**
- **Campus Tour**

*Day 3: 27/07/2022*

**Morning Session: 9.00 – 12.15**

- **Prayer**
- **Talk 3: Health and Hygiene**
- **Senior Students Feedback**
- **Zumba Dance**
- **Feedback**

**Afternoon Session: 1.15 – 3.15**

- **Traditional Games**
- **Talent Hunt and Feedback**

*Day 4: 29/07/2022*

**Time: 9.00 – 03.15**

- **Discipline wise Bridge Course**
- **Introducing the Programme / Course**
- **Vocabulary / Formulae**
- **Basics / Application in real life Situation**
- **Career Opportunities / Higher Education (Becoming an Entrepreneur)**

*Day 5 and 6: 01/08/2022 - 01/08/2022*

**Time: 9.00 – 03.15**

- **Take off with Spoken English - Focusing LSRW Skills**